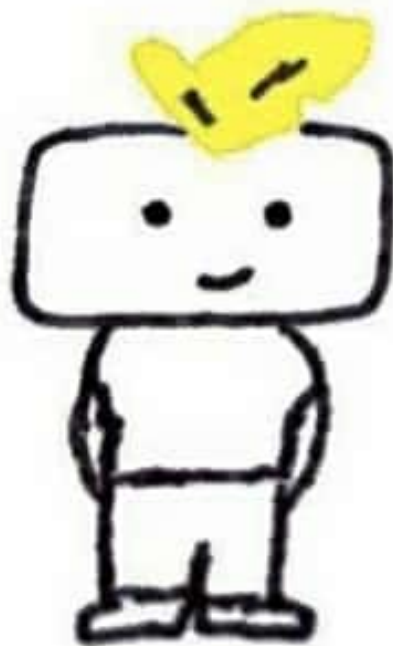
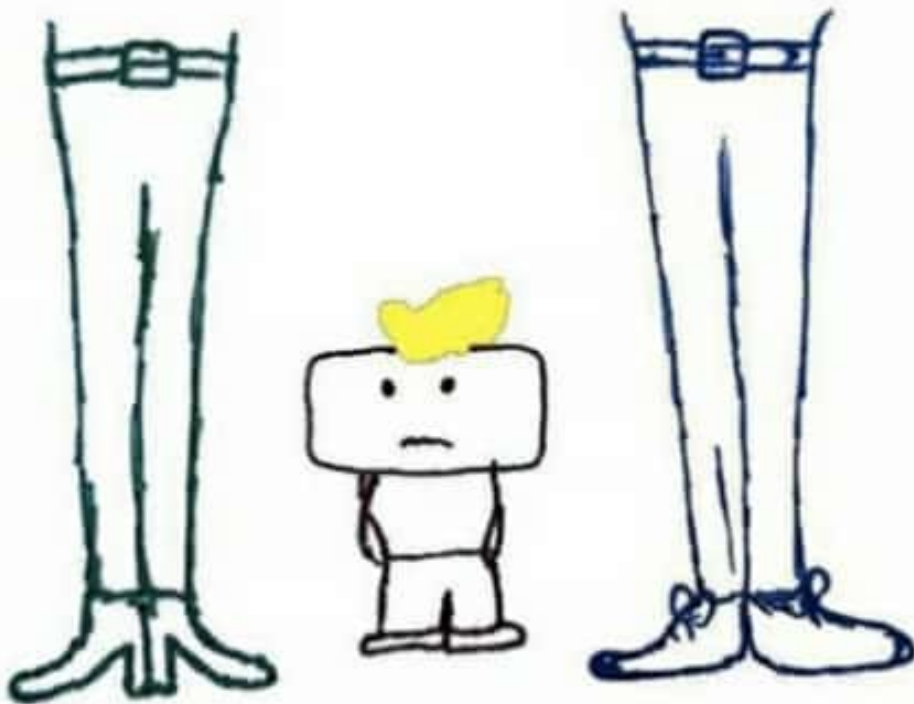


Small Paul



A simple tale of positivity for all the Small Pauls.
By Joshua Massey

Sometimes, Paul thought that he was so small that the tall people forgot about him.



It seemed like important things were happening for the tall people, but nobody took the time to tell Paul what it was.

The world is a big place.



A big place, with a lot happening.

Luckily, the big world is filled with Small Pauls.

With enough Small Pauls looking after the tall people they love, the world's problems began to fix and, **slowly**, Small Paul's world returned to normal too.

Step One: look after yourself.

Paul washed his hands more, he kept on exercising and took time to relax his mind with reading and games.



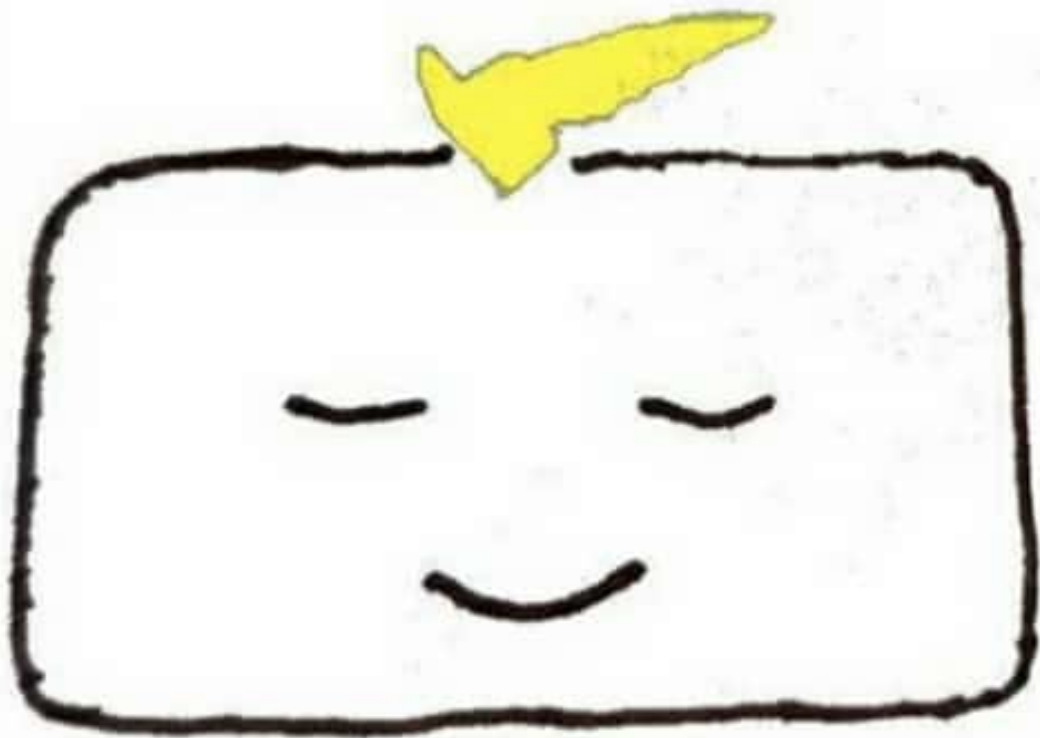
Step Two: look after the ones you love.

Paul started asking the tall people in his house how he could help, and giving them cuddles to help them relax too.



Step Three: be resilient.

Paul was patient, Paul was brave and Paul stayed positive.



Are you a Small Paul?



If you are, prepare for some changes - but remember to be **resilient**, **brave** and **positive**, because these changes will end one day soon, and everything will return to normal for you too.

By Joshua Massey